

# FORUM: Healthy Aging In Rural Northern Ontario

**November 28<sup>th</sup>, 2013**

Howard Johnson Plaza  
50 Brady St, Sudbury, Ontario



Together, the **Centre for Rural and Northern Health Research** and the **Rural Ontario Institute** are hosting a day-long forum to explore the complex challenges of supporting healthy aging in seniors living in rural northern Ontario. Join colleagues from across the region for a series of expert presentations highlighting current challenges and emerging initiatives in this area. Share your perspective in facilitated, small group discussions and tell us what it takes to support healthy aging in your rural northern community.

## **WHY NOW?**

Ontario's rural population is already older than the provincial average. As the number of rural seniors continues to grow, are we ready to support them with effective healthcare services as they age? Whether you are from the municipal sector, a health promotion agency, or are a front line service provider, rural health practitioners and community organizations have much to gain by answering this question together.

## **THE SPEAKERS**

<p><b>Louise Paquette</b> CEO, North East LHIN</p>	<p><b>Mr. Terry Tilleczek</b> Senior Director, Policy and Health System Planning, North East LHIN</p>
<p><b>Dr. Samir Sinha</b> Director of Geriatrics, Mount Sinai Hospital Provincial Lead, Ontario's Seniors Strategy Living Longer, Living well</p>	<p><b>Dr. Birgit Pianosi</b> Chair of Gerontology Program, Huntington University Presenting Perspectives on Gerontology &amp; Education</p>
<p><b>Dr. Kristen Jacklin</b> Associate Professor of Medical Anthropology, Northern Ontario School of Medicine <b>Karen Pitawanakwat</b> R.N./Care Coordinator, Nahndahweh Tchigehgamig Wikwemikong Health Centre, Home and Community Care Presenting Aboriginal Aging &amp; Dementia</p>	<p><b>Dr. Janet McElhaney</b> Senior Researcher at Advanced Medical Research Institute of Canada and Health Sciences North Volunteer Association chair in geriatric research Presenting Healthy Aging in Rural Northern Seniors</p>

**PRE-REGISTRATION IS REQUIRED:** <http://bit.ly/healthyagingnorth>

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forum funding support provided by the  
Government of Ontario.